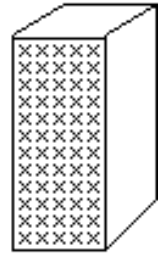


# ANSSRDT NEWSLETTER



APRIL 2016

**DATE OF OUR NEXT MEETING:** April 16, 2016

**LOCATION:** E. H. Horne School in Enfield. Off Highway 102 take exit 7 going towards the Irving Big Stop on old Route 2. The school is a large brick building on the left opposite the cemetery.

## SCHEDULE:

- 9:00 – 9:30 Meet, greet, and setup, Second-Hand Record Box time
- 9:30 – 10:00 Roundalab Top choices for early 2016  
Circular Square Dancing from US National, Springfield, Mass.
- 10:00 – 11:00 Can you resolve in three calls or less? (Kerry)
- 11:00 – 12:00 ANSSRDT Meeting
- 12:00 – 12:30 Bag Lunch
- 12:30 – 1:00 Venus and Mars Traditional Square (Ralph - see page 2)
- 1:00 – 2:00 Creative Ideas: Grand Square, Extend, Two calls at once
- 2:00 – 3:00 Choreographic Management for Beginners

## CREATIVE GRAND SQUARE APPLICATIONS

- a) Heads Pass Thru and Separate around Two to a Line  
Forward and stand right there, Centers Face your Partner, Grand Square  
At the end, centers remain facing, all Grand Right and Left, Promenade
- b) Heads Pass Thru and Separate around Two to a Line  
Forward and way back, Ends Face your corner, Grand Square  
All face your corner, Allemande Left, Grand Right and Left, Promenade
- c) Heads Star Thru, Sides Face Grand Square  
(By the definition, at the end Sides face back in)  
Heads Square Thru Three, Allemande Left, Home
- d) Girls/Boys turn and face your partner, Everyone Grand Square  
(By the definition, at the end Girls face back in at home)
- e) Side Boys Veer Right to stand in front of your partner.  
All four Girls turn one quarter left. (Two quadrants hold three dancers.)  
All Grand Square (girls begin backing up).  
(By the definition, all four girls face in at the end.)  
Side Boys left arm turn to home.

## IDEAS WHERE HEADS DO THIS WHILE SIDES DO THAT

- a) Heads Square Thru Four, meanwhile Sides face Grand Square,  
Heads Cloverleaf, come down the middle and Pass Thru  
Heads Cloverleaf, come into the middle and Square Thru Three  
Allemande Left with Corner (or Swing Corner), Promenade
- b) Circle Left, Circle Right, go Single File  
Heads individually wheel inwards for a Swing Thru and Spin the Top  
(Sides continue to Promenade full around)  
Heads step thru, all look for corner,  
Allemande Left with Corner (or Swing Corner), Promenade.

## CALLERLAB TRIENNIAL REVIEW 2015

Current Callerlab policy is to review the program lists every third year regarding possible additions, deletions and other changes. 2015 was a Triennial Review year. The only change that occurred in Basic, Mainstream and Plus was to remove the restrictions on Extend in the Basic Part 2 list. That removes Extend from the Plus list since Basic Part 2 is part of Plus.

Triple Cross was moved from C-1 to A-1, which means that there are now three “(something) Cross” calls on A-1. They are: (Anything) and Cross, (Named Dancers) Cross, and Triple Cross (note that in all cases those crossing pull by with their outside hands).

## EXTEND IDEAS

Following up on the new placement of Extend, here are some ideas for teaching and using the newly included Extend applications with calls in the Basic Part 2 program.

- a) Heads Pass the Ocean, Extend, Girls Trade, Extend, Outsides Partner Trade,  
Extend, Swing Thru, Girls Circulate, Boys Circulate,  
**Patter:** Extend, Grand Right and Left  
**Singer:** Swing Corner, Promenade
- b) Heads Pass the Ocean, Extend, Swing Thru, Extend,  
Centres Swing Thru, Outsides U-Turn Back,  
**Patter:** Extend and Box the Gnat, Grand Right and Left, Promenade Home  
**Singer:** Extend, Girls Circulate, Swing Corner, Promenade
- c) Heads Star Thru, Extend, Centres Swing Thru, Extend  
All Swing Thru, Extend, Very Centres Trade, Extend, Face Left  
**Patter:** Boys Circulate, Promenade  
**Singer:** [Girls U-Turn Back, Swing Corner], Promenade

# VENUS AND MARS

Starts from a left-hand 8-hand star:

#1 lady leads out to the right with the other ladies following so that 2 four hand stars are formed. (One like Venus, one like Mars -- right-hand star for ladies and left-hand star for men.) The men continue to star left and the ladies have deserted them to form the other star.

As #1 lady finishes her ONE turn in the new right hand star, she starts the ladies and men changing stars with the lady crossing in front of her partner as they change.

Ladies have now formed a left-hand star and the men a new right-hand star. After one turn, change the stars again. This time #1 man makes the change first by crossing in front of #1 lady.

Again the stars turn once around

The #1 man picks up his original partner from the other star and the other men pick up their own partners in turn and continue to promenade home.

EIGHT TO THE CENTER FOR A RIGHT-HAND STAR,  
BACK WITH A LEFT BUT NOT TOO FAR

FIRST LADY OUT AND YOU MAKE TWO STARS,  
ONE LIKE VENUS, ONE LIKE MARS

LADIES GO IN, GENTS GO OUT,  
TURN TWO STARS ROUND ABOUT

LADIES GO OUT, GENTS GO IN,  
TURN THE STARS ONCE AGAIN

TURN IT ROUND TILL YOU MEET YOUR MAID,  
PICK HER RIGHT OFF AND ALL PROMENADE

## CHOREOGRAPHIC MANAGEMENT FOR BEFORE SQUARE THRU

### Get-Ins to a Partner Line (= Zero Line or 1P2P Line):

- a) All Eight Circle Left, Head Gents break and make two lines
- b) Heads Circle Left 1/4, Centers Dosado once and a half, each four Circle Left 3/4
- c) Heads Circle Left 1/4 and Pass Thru, each four Circle Left 3/4
- d) Heads Lead Right, each four Circle Left 3/4
- e) Heads Lead Right, each four Star Right 3/4 to line
- f) Heads Lead Right, Circle Left Halfway, Veer Left, Couples Circulate, Bend the Line
- g) Heads Lead Right, Veer Left, Chain Down the Line, Right and Left Thru, Two Ladies Chain

### **Zeros for Normal Facing Couples:**

- a) Circle Left/Right once around; or Circle Left and then Circle Right back to start
- b) Ladies, Gents, or Opposites Dosado
- c) Opposites Dosado, Circle Left, Circle Right, Opposites Left Dosado
- d) Right / Left Arm Turn Opposite, Left / Right Arm Turn Partner and Face In
- e) Star Right/Left once around; or Star Right and then Star Left back to start
- f) Circle Left Half way, Pass Thru, Face your partner, Pass Thru, Face In
- g) Circle Left Half way around, Half Sashay / Rollaway, Pass Thru, U-Turn Back
- h) Pass Thru, U-Turn Back; Pass Thru, U-Turn Back
- i) Two Ladies Chain over and back
- j) Circle Left halfway and Veer Left, Chain Down the Line, Pass Thru, Face In
- k) Right and Left Thru over and back
- l) Star Thru, Pass Thru, California Twirl, Star Thru
- m) Circle Right halfway and Veer Right, Veer Left (back-to-back), California Twirl

### **Get-Outs from a Partner Line (= Zero Line):**

- a) All Eight Circle Left to home
- b) All Eight Circle Left, Allemande Left, Promenade home
- c) Two Ladies Right Arm Turn full around back to partner, Turn him by the Left, hold on and Promenade Home
- d) Face your partner, Right and Left Grand, Promenade home
- e) All Eight Circle Left, Allemande Left, Weave the Ring, Promenade Home
- f) Each Four Star Right, Star Left into a Single File Promenade Home
- g) Four Gents Star Left, pick up your lady, Star Promenade to home
- h) Each Four Circle Right Halfway, Half Sashay, Pass Thru, Face Partner, Grand Right and Left
- i) Pass Thru, U-Turn Back, Pass Thru, Face partner, Right and Left Grand
- j) Two Ladies Chain, Chain back into a Promenade
- k) Two Ladies Chain, Each Four Circle Left 3/4, Pass Thru, Allemande Left
- l) Each Four Circle Right 3/4 and Veer Right, Promenade Home
- m) Right and Left Thru, Right and Left Thru and a Quarter More, Wrong Way Promenade home

### **Get-Ins to a Corner Line (for corner progression singing calls):**

- a) Heads Pass Thru and U-Turn Back, Heads Pass Thru and Separate Around One to a Line
- b) Heads Separate Around One to a Line
- c) All Four Ladies Chain 3/4, Circle Left, Head Gent break and make two lines
- d) Sides Face Grand Square Six Steps, Lines Forward and Back
- e) Heads Star Thru and California Twirl, All Star Thru

The ANSSRDT NEWSLETTER is usually published twice a year by the Association of Nova Scotia Square & Round Dance Teachers. The opinions expressed are those of the authors and not necessarily those of the Association. Your comments and articles are encouraged. Please forward to editor: Dottie and Gary Welch, 415 Conrad Road, Lawrencetown, NS, B2Z 1S3, [dwelch@eastlink.ca](mailto:dwelch@eastlink.ca), 902-435-4544